

GEAR/AC January Menu  
This institution is an equal opportunity provider.  
Menus are subject to change due to product availability.  
Choice of milk served daily with all meals.  
COMBOS OFFERED DAILY: Chef Salad, Ham & Cheese Sub, Yogurt, PB&J

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		<b>Breakfast</b> Steak Bscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Pizza Baked Beans Veggie Sidekick Fruit	<b>Breakfast</b> Brownie & Cheese Sticks OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Asian Chicken w/Steamed Rice Sweet Potato Fries Broccoli Fruit	<b>Breakfast</b> Chicken Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Chili w/Grill Cheese Sandwich Oven Fried Okra Potato Smiles Fruit
8	9	10	11	12
<b>Breakfast</b> Honey Buns OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Corn dog Oven Fries Green Beans Fruit	<b>Breakfast</b> Pancake Bites OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Cheeseburger Lettuce/Tomato/Pickle Corn Fruit	<b>Breakfast</b> Steak Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Pizza Baked Beans Side Salad Fruit	<b>Breakfast</b> Chicken & Waffels OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Teriyaki Chicken w/Fried Rice Broccoli Dragon Punch Fruit	<b>Breakfast</b> Sausage Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Steak Tenders w/Breadstick Wedges Oven Fried Okra Fruit
15	16	17	18	19
<b>Martin Luther King Jr.  Holiday</b>	<b>Breakfast</b> Pancake Pup OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Tacos Shredded Side Salad Black Beans Fruit	<b>Breakfast</b> Steak Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Grill Chicken Sandwich Tator Wedges Steamed Broccoli Fruit	<b>Breakfast</b> Brownie & Cheese Sticks OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Chicken Bacon Ranch Cheesy Fries Sunbelievable Sidekicks Fruit	<b>Breakfast</b> Chicken Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Hot Dog Carrots w/Ranch Green Beans Fruit
22	23	24	25	26
<b>Breakfast</b> Pull apart Donuts OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Hot Dog Potato Tots Green BeansFruit	<b>Breakfast</b> Pancake Bites OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Nachos Salsa/Lettuce/Tomatos Roasted Jalapeno Corn Fruit	<b>Breakfast</b> Steak Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Pizza Corn Side Salad Fruit	<b>Breakfast</b> Chicken & Waffles OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Asian Chicken W/Steamed Rice Steamed Broccoli Veggie Sidekick Fruit	<b>Breakfast</b> Sausage Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Boneless Buffalo Wings w/Rolls Potato Wedges Oven Fried Okra Fruit
29	30	31	1	2
<b>Breakfast</b> French Toast Sticks w/Syrup Sausage Links OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Pizza Green Beans Okra Fruit	<b>Breakfast</b> Pancake Pup OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Tacos Shredded Side Salad Black Beans Fruit	<b>Breakfast</b> Steak Bscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Cheeseburger Wedges Lettuce/Tomato/Dill Spears Fruit	<b>Breakfast</b> Brownie & Cheese Sticks OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Asian Chicken w/Veggie Rice Sweet Potato Fries Broccoli Fruit	<b>Breakfast</b> Chicken Biscuit OR WG Cereal Fruit Fruit Juice  <b>Lunch</b> Chili w/ Grilled Cheese Sandwich Baked Potato Oven Fried Okra Fruit
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