

March 2020



WJW Menu

Early Release Day

<p>2 Breakfast Sausage Biscuit Mustard/Jelly Or WG Cereal/WG Toast/Jelly w/Orange Sections Fruit Juice/Milk</p> <p>Lunch Sweet & Sour Chicken Oriental Rice Turnip Greens (3/4c.) Combread Apple Sauce</p>	<p>3 Breakfast Breakfast Cup w/Croissant(1/2) (WG) Or WG Cereal w/Graham Crackers (1) w/Pineapple Chunks Fruit Juice/Milk</p> <p>Lunch Spaghetti w/Breadsticks (WG) Steamed Broccoli Buttered Carrots Chilled Pears</p>	<p>4 Breakfast Strawberry Poptart (WG) w/Sunflower Seeds Or WG Cereal w/Graham Crackers (1) w/Pear Cup Fruit Juice/Milk</p> <p>Lunch PB&J Sandwich (WG) w/Cheese Stick Raw Vegetables w/Ranch Dressing WG Tortilla Chips w/Salsa Fruit Juice (4oz)</p>	<p>5 Breakfast Breakfast Pizza (WG) Or WG Cereal/Toast/Jelly w/Mixed Berry Cup Fruit Juice Milk</p> <p>Lunch Chicken Strips Green Beans Niblet Corn WG Roll Frozen Strawberry Sidekick</p>	<p>6 Breakfast Ham & Cheese Croissant (1) (WG) Mustard/Jelly Or WG Cereal/WG Toast/Jelly w/Apple Sauce Fruit Juice/Milk</p> <p>Breakfast for Lunch Grits (1 Cup) (Cheese Optional) Scrambled Eggs Sausage Patties (2) Biscuit w/Jelly Orange Sections</p>
<p>9 Breakfast Whole Wheat Sweet Roll Cheese Stick Or WG Cereal/WG Toast w/Apple Sauce Fruit Juice Milk</p> <p>Lunch Lemon Pepper Chicken Rice Pilaf Black Eyed Peas (3/4c.) WG Breadstick Fruit Cocktail</p>	<p>10 Breakfast Tater Scramble w/Croissant (1/2) (WG) (Hashbrown, Egg, Bacon) Or WG Cereal/WG Toast w/Mixed Fruit Fruit Juice Milk</p> <p>Lunch Egg Rolls w/Breadsticks (WG) Yam Patties Green Beans (3/4c.) Orange Sections</p>	<p>11 Breakfast Pancake Pup (WG) Or WG Cereal/ w/Graham Crackers (1) w/Pineapple Chunks Orange Juice Milk</p> <p>Lunch Hamburger Steak w/Gravy Steamed Broccoli Red Roasted Potatoes WG Texas Toast Apple Slices</p>	<p>12 Breakfast Strawberry Muffin (WG) w/Sunflower Seeds Or WG Cereal w/Graham Crackers (1) w/Pear Cup Fruit Juice/Milk</p> <p>Lunch Hot Wings Oven Baked Okra English Peas WG Roll Fruit Juice (4oz) Carnival Cookie</p>	<p>13 Breakfast Chicken Biscuit Mustard/Jelly Or WG Cereal/WG Toast/Jelly w/Peaches Fruit Juice Milk</p> <p>Lunch Cheezy Pizza Dippers (WG) w/Marinara Sauce California Vegetables WG Tortilla Chips w/Salsa Mixed Fruit w/Cool Whip</p>
<p>16 Breakfast Steak Biscuit Mustard/Jelly Or WG Cereal/Toast/Jelly w/Pears Fruit Juice/Milk</p> <p>Lunch Roasted Wings Garlic Red Potatoes Turnip Greens Combread Pineapple Chunks</p>	<p>17 Breakfast WG Waffle w/Syrup Or WG Cereal WG Graham Crackers (1) w/Peaches/Fruit Juice/Milk</p> <p>Lunch Grilled Cheese Sandwich (WG) Vegetable Soup w/Crackers (WG) Breaded Okra Banana</p>	<p>18 Breakfast Breakfast Cup w/Croissant (1/2) (WG) Or WG Cereal w/WG Graham Crackers (1) Orange Slices Fruit Juice/Milk</p> <p>Lunch Beefaroni w/Breadsticks (WG) Garden Salad Buttered Carrots Apple Slices</p>	<p>19 Breakfast Tater Scramble w/Croissant (1/2) (WG) (Hashbrown, Egg, Bacon) Or WG Cereal/WG Toast w/Mixed Fruit Fruit Juice/Milk</p> <p>Lunch Egg Rolls w/Breadsticks (WG) Mac & Cheese Green Beans (3/4c.) Orange Sections</p>	<p>20 Breakfast Breakfast Pizza (WG) Or WG Cereal/Toast/Jelly w/Mixed Berry Cup Fruit Juice Milk</p> <p>Lunch Corn Dog (WG) Tater Wedges Baked Beans Fruit Juice (4oz) Chocolate Chip Cookie</p>
<p>23 Breakfast Tater Scramble w/Croissant (1/2) (WG) (Hashbrown, Eggs, Bacon) Or WG Cereal/WG Toast/Jelly w/Fruit Cup Apple Juice Milk</p> <p>Lunch Cheese Quesadillas (WG) Niblet Corn Buttered Carrots Pear Halves</p>	<p>24 Breakfast Pancake Pup (WG) Mustard/Jelly Or WG Cereal w/Graham Crackers (1) w/Orange Sections Fruit Juice/Milk</p> <p>Lunch Hot Dog Baked Beans Garden Salad w/Tomatoes Pineapple Chunks</p>	<p>25 Breakfast Sausage Biscuit Or WG Cereal/WG Toast/Jelly w/Chilled Pears Fruit Juice/Milk</p> <p>Lunch Chicken Sandwich On WG Bun Steamed Broccoli Tater Wedges Apple Sauce Oatmeal Raisin Cookie</p>	<p>26 Breakfast French Toast Sticks (WG) w/Syrup Or WG Cereal/WG Toast/Jelly w/Peaches/Fruit Juice Milk</p> <p>Lunch Hot Wings Mac & Cheese English Peas (3/4c.) WG Roll Fruit Juice (4oz.)</p>	<p>27 Breakfast Chicken Biscuit Mustard/Jelly Or WG Cereal w/Graham Crackers (1) w/Apple Sauce Fruit Juice/Milk</p> <p>Lunch Pepperoni Pizza (WG) Raw Vegetables w/Ranch Dressing WG Tortilla Chips w/Salsa Mixed Fruit</p>
<p>30 Breakfast Sausage Biscuit Mustard/Jelly Or WG Cereal/WG Toast/Jelly w/Orange Sections Fruit Juice/Milk</p> <p>Lunch Sweet & Sour Chicken Oriental Rice Turnip Greens (3/4c.) Combread Apple Sauce</p>	<p>31 Breakfast Breakfast Cup w/Croissant(1/2) (WG) Or WG Cereal w/Graham Crackers (1) w/Pineapple Chunks Fruit Juice/Milk</p> <p>Lunch Spaghetti w/Breadsticks (WG) Steamed Broccoli Buttered Carrots Chilled Pears</p>	<p>April 1 Breakfast Ham & Cheese Croissant (1) (WG) Mustard/Jelly Or WG Cereal/WG Toast/Jelly w/Apple Sauce Fruit Juice/Milk</p> <p>Lunch Chicken Strips English Peas Niblet Corn WG Roll Frozen Strawberry Sidekick</p>	<p>April 2 Breakfast Breakfast Pizza (WG) Or WG Cereal/Toast/Jelly w/Mixed Berry Cup Fruit Juice/Milk</p> <p>Easter Lunch Pork Loin w/Gravy Or Chicken Chunks Rice Pilaf Green Beans Garden Salad w/Ranch Sister Shubert Roll Pineapple Chunks</p>	<p>April 3 Breakfast Strawberry Poptart (WG) w/Sunflower Seeds Or WG Cereal w/Graham Crackers (1) w/Pear Cup Fruit Juice/Milk</p> <p>National PB&J Day/April 2 PB&J Sandwich (WG) w/Cheese Stick Raw Vegetables w/Ranch Dressing WG Tortilla Chips w/Salsa Mixed Fruit</p>